

Lecture notes 8.3: Trigonometric Substitution

Integrals involving $\sqrt{a^2 - x^2}$, $\sqrt{a^2 + x^2}$, $\sqrt{x^2 - a^2}$ require trigonometric substitution to calculate. We use inverse substitutions to solve such integrals: a substitution of the form $x = g(t)$ to get $\int f(x)dx = \int f(g(t))g'(t)dt$. So if we have $\int \sqrt{a^2 - x^2}dx$, we substitute $x = a \sin \theta$ to transform $\sqrt{a^2 - x^2} \implies \sqrt{a^2 - a^2 \sin^2 \theta} = \sqrt{a^2(1 - \sin^2 \theta)} = \sqrt{a^2 \cos^2 \theta} = a|\cos \theta|$. We need the inverse substitution to define a one-to-one function, so we have to restrict θ to the interval $[-\pi/2, \pi/2]$.

1. For $\sqrt{a^2 - x^2}$ set $a \sin u = x$
2. For $\sqrt{a^2 + x^2}$ set $a \tan u = x$
3. For $\sqrt{x^2 - a^2}$ set $a \sec u = x$

In each case take $a > 0$.

Examples:

1. Find $\int \frac{dx}{(a^2 - x^2)^{3/2}}$

Solution: Set $a \tan u = x$, $a \sec^2 u du = dx$
 $\implies \int \frac{dx}{(a^2 - x^2)^{3/2}} = \int \frac{a \cos u}{(a^2 - a^2 \sin^2 u)^{3/2}} du$
 $= \frac{1}{a^2} \int \frac{\cos u}{\cos^3 u} du = \frac{1}{a^2} \int \sec^2 u du$
 $= \frac{1}{a^2} \tan u + c = \frac{x}{a^2 \sqrt{a^2 - x^2}} + c$

2. Find $\int \sqrt{a^2 + x^2} dx$

Solution: Set $a \tan u = x$, $a \sec^2 u du = dx$
 $\implies \int \sqrt{a^2 + x^2} dx = \int \sqrt{a^2 + a^2 \tan^2 u} a \sec^2 u du$
 $= a^2 \int \sqrt{1 + \tan^2 u} \sec^2 u du = a^2 \int \sec u \sec^2 u du$
 $= a^2 \int \sec^3 u du = \frac{a^2}{2} (\sec u \tan u + \ln |\sec u + \tan u|) + c$
 $= \frac{a^2}{2} \left[\frac{\sqrt{a^2 + x^2}}{a} \left(\frac{x}{a} \right) + \ln \left[\frac{\sqrt{a^2 + x^2}}{a} + \frac{x}{a} \right] \right] + c$

$$\begin{aligned}
&= \frac{1}{2}x\sqrt{a^2 + x^2} + \frac{1}{2}a^2 \ln(x + \sqrt{a^2 + x^2}) - \frac{1}{2}a^2 \ln a + c \\
&= \frac{1}{2}x\sqrt{a^2 + x^2} + \frac{1}{2}a^2 \ln(x + \sqrt{a^2 + x^2}) + C
\end{aligned}$$

3. Find $\int \frac{dx}{x\sqrt{4x^2 + 9}}$.

Solution: set $3 \tan u = 2x$, $3 \sec^2 u du = 2dx$

$$\begin{aligned}
\int \frac{dx}{x\sqrt{4x^2 + 9}} &= \int \frac{3/2 \sec^2 u}{3/2 \tan u \cdot 3 \sec u} du \\
&= \frac{1}{3} \int \frac{\sec u}{\tan u} du = \frac{1}{3} \int \csc u du \\
&= \frac{1}{3} \ln |\csc u - \cot u| + c \\
&= \frac{1}{3} \ln \left[\frac{\sqrt{4x^2 + 9} - 3}{2x} \right] + c
\end{aligned}$$

4. Find $\int \frac{x}{\sqrt{x^2 + 2x - 3}} dx$. (involves completing the square)

Solution: First note that $\int \frac{x}{\sqrt{x^2 + 2x - 3}} dx = \int \frac{x}{\sqrt{(x+1)^2 - 4}} dx$

Now set $2 \sec u = x + 1$, $2 \sec u \tan u = dx$

$$\begin{aligned}
\text{Then } \int \frac{x}{\sqrt{(x+1)^2 - 4}} dx &= \int \frac{(2 \sec u - 1)2 \sec u \tan u}{2 \tan u} du \\
&= \int (2 \sec^2 u - \sec u) du \\
&= 2 \tan u - \ln |\sec u + \tan u| + c \\
&= \sqrt{x^2 + 2x - 3} - \ln \left[\frac{x + 1 + \sqrt{x^2 + 2x - 3}}{2} \right] + c
\end{aligned}$$

5. Find $\int \frac{\sqrt{9 - x^2}}{x^2} dx$.

Solution: Set $x = 3 \sin u$, $dx = 3 \cos u$

$$\begin{aligned}
\text{Then } \int \frac{\sqrt{9 - x^2}}{x^2} dx &= \int \frac{3 \cos u}{9 \sin^2 u} 3 \cos u du \\
&= \int \frac{\cos^2 u}{\sin^2 u} du = \int \cot u^2 du \\
&= \int (\csc^2 u - 1) du = -\cot u - u + c
\end{aligned}$$

$$= -\frac{\sqrt{9-x^2}}{x} - \sin^{-1}\left(\frac{x}{3}\right) + c$$

6. Find the area enclosed by the ellipse $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$.

Solution: $y = \frac{b}{a}\sqrt{a^2-x^2}$ or $y = -\frac{b}{a}\sqrt{a^2-x^2}$

Because the ellipse is symmetric with respect to both axes, the total area is 4 times the area in the first quadrant. The part of the ellipse in the first quadrant is given by the function $y = \frac{b}{a}\sqrt{a^2-x^2}$ for $0 \leq x \leq a$.

$$\implies A = 4 \int_0^a \frac{b}{a}\sqrt{a^2-x^2} dx$$

Let $x = a \sin u$, $dx = a \cos u du$

$$\implies \frac{4b}{a} \int_0^{\pi/2} a \cos u \cos u du$$

$$= 4ab \int_0^{\pi/2} \cos^2 u du = 4ab \int_0^{\pi/2} \frac{1}{2}(1 + \cos 2u) du$$

$$= 2ab \left[u + \frac{1}{2} \sin 2u \right]_0^{\pi/2}$$

$$2ab \left[\frac{\pi}{2} + 0 - 0 \right] = \pi ab$$